

ORDER  
**SONS OF ITALY**  
TRIESTE LODGE | HAMILTON

## President's Message

JUNE 2018



**D**ear Brothers and Sisters, I wish to start off by thanking everyone who attended our spaghetti supper on May 16th. A special thank you to our committee chairs Br. Tony Giardino and Br. Joe Mongiardi, all our donations, volunteers and especially our sisters for making the meatballs.

I am pleased to report that the Order Sons of Italy of Canada had a very successful National Bi Annual meeting in Brantford Ontario at Rossini Lodge on May 26th. I would like to express my appreciation to our Brothers and Sisters in Brantford for their hospitality. Our lodge was well represented by our delegates and I would like to extend my thanks to the delegation for their participation in the convention. Congratulations to Br. Livio Di Nello on becoming our new National Treasure.

On June 21st we will be hosting our annual golf tournament. For more than 30 years, the Order Sons of Italy Trieste Lodge's Annual Charity Golf Classic has established a proud tradition of giving back to support various charitable organizations to help make a real difference in our communities. Your contribution, whether through sponsorship or attendance, goes a long way to impact thousands of lives in the Hamilton community.

I am amazed at how quickly the last year has passed. This June also marks the end of my term as your President. It has been my honour to serve as your President and to represent the Order Sons of Italy Trieste Lodge. From my vantage point as President, I have gained an even deeper appreciation for our

rich history, and witnessed daily the deep commitment of our members to our beautiful culture and beloved community. It is with great pride and gratitude that I reflect upon our many achievements and spirit of generosity. Thank you for your support, encouragement, wise words of counsel, and for all that you do!

Just recently Brother Franchescutti asked me how I was feeling coming to the end of my presidency. I responded by telling him that I was just coming into my comfort zone and could easily continue. He replied by saying that's the same way he felt many many years ago. Just a few years ago I had the same type of conversation with past president Vitello when he was president. This tells me that when the past executive sat many years ago they chose the two-year term for a very specific reason.

"Success breeds complacency complacency breeds failure"  
I also wish to thank your Executive for their hard work and support these last two years. Without their commitment and sacrifice, often taking time away from their families, the events and functions that we've all come to expect and enjoy, would not be possible. They make me, and all of us, look good. Thank you Brothers and Sisters

In closing, on behalf of the executive, we wish to extend to you and your families our best wishes for a safe and enjoyable summer.

I look forward to seeing you all at the general meeting on Tuesday June 12th, 2015.

Fraternally Yours,  
Loris Pilot  
President  
Liberty, Equality, Fraternity

**NEXT GENERAL MEETING: Tuesday, June 12, 2018**

LIBERTY      EQUALITY      FRATERNITY

# Time Travels to our Marvellous Italy

Italy, our home country or that of our ancestors, will always have a special place in our hearts for everything that was handed down to us and the memories we treasure. Nonetheless, it is important to recognize the fact that Italy does not only have a special spot for us Italians but for the entire world.

Believe it or not, Italy currently holds the most World Heritage Sites-- a shocking 54 of them! A country absolutely unique and rare that has always had a special and relevant role throughout the last few millenniums, from the Old Age, Medieval times, the Renaissance, till modern days. As an Italian and History lover, allow me to be your humble guide-- a sort of Cicerone, with a special imaginary time machine. So close your eyes, hold on and tighten your seat belts as we set off for our first journey--our destination being the biggest Island of the Bel paese with 7 World Heritage sites: the beautiful island of Sicily.

We get off our machine and before we even get to open our eyes, the salty fragrance brought by a warm wind and the sun rays hit our face and immediately leads us to believe we are near the seaside. There is a coming and going of ships and merchants that speak a language we barely understand: Ancient Greek. We travelled back over 2500 years, during the third century before Christ. We make our way to the centre of this majestic city defined by Cicerone as the most beautiful city in Magna Graecia: Syracuse.

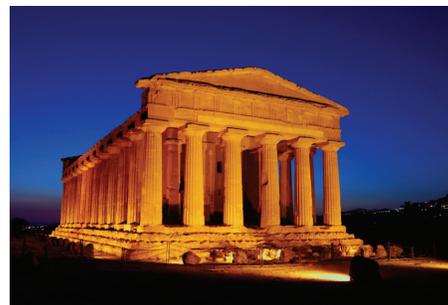


We find ourselves almost speechless witnessing such beauty, from the Greek temple of Apollo, the most ancient in Sicily, and the entire island of Ortigia, the core of the city. We are quickly drawn towards the more recent and inner part of the city, the Neapolis.

Slowly we are hit by a sweet but at the same time sour fragrance. We notice a multitude of colours that paint these trees rich of fruits, such as lemons, oranges, dates and many more. We immerge ourselves into the new pseudo city made of caves and catacombs built with great ingeniousness. Here is one of the most ancient and beautiful necropolis in ancient times: the necropolis of Pantalica. As we walk past these unbelievable cells, we are caught by surprises from a number of voices. We are now at the Greek theatre of Syracuse, which at that time, was monstrous for its dimension with its 140meters in diameter and 67 steps. Sadly, this city would be overcome and taken over by the Roman Republic though the city's last leader, Archimedes, also known as one of the greatest mathematicians ever existed, fought hard to save the Syracuse through the invention of special mirrors that would burn the Roman ships through the reflection of the sun. In the end nothing could have been done against that super power that Rome was and Archimedes perished at the hand of a Roman soldier as well.

The tension is unbearable and you could cut the air with a knife so we decide to quickly flee on our machine where the Romans still haven't laid their hands on. It's the middle of the night and we enter a Valley that would remain in the Olympus of beauty for thousands of years to come as a patrimony of humanity: La Valle dei Templi di Agrigento. With its 1300 hectares, it is the largest archeological site in the world. It's now almost sunrise

and the sun is about to fill the valley with light as we follow a rocky path with delicious figs and myrtle trees along our side. We reach the top of the hill and we are stunned by the scenery of a temple, not so much for its dimensions, about 1000sq feet, but rather for its almost intact conditions: it is the Temple of Concordia.



The only one in the world, along with the Parthenon in Athens, to have kept its beauty almost completed preserved over the span of 2000 years. This and more make Agrigento one of the most precious treasures in archeology not only in Italy but in the entire world.

We return to our machine and decide we need to take a break and relax. Soon enough we find ourselves in Porto Empedocle and Realmonte. As we look around we are almost blinded by a brilliant white impressive rocky cliff rising right above the sea. Nature, as a great artist, has been working over the time, making it soft and sinuous, with the help of the sea and the salty breeze, creating terraces and smoothing every corner. When you ascend the staircase, you will have the feeling of being in Wonderland, on a huge white meringue. The sea, taking advantage of this sparkling white splendor, shows off its crystal blue color. Interesting enough, its name "Scale of the Turks" seems to derive from the fact that in ancient times the ships of marauding Arabs and Turks found shelter in this bay.



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## HISTORY AND HERITAGE

Time is flying but our time travels are not just over yet. We hop on our machine and fast forward about 1700 years, and find ourselves in the Baroque period. During the XVII century, in the south east part of the region, cities such as Catania, Ragusa, Noto, Modica and many more experienced an incredible period of prosperity and excellence representing the peak of the Baroque art in Europe. For this and much more, they would be rewarded as part of the Patrimony of Humanity and Unesco sites. We decide to visit Noto-- one of the smallest of those cities but yet a city that had an important role from the Roman times all the way to the Spanish period and considered by many experts as the true Capital of Baroque in the world. As we enter the city through the Arc of Triumph, we are enchanted by the number of churches and palaces of refined architecture. The first, the Church of Santa Chiara, conveys a very delicate baroque style and is an interesting world to discover. We make it to its terrace where there is a beautiful view awaiting us: the Cathedral of San Nicolò. Surviving many earthquakes through its time, historically and culturally it remains the most important building in the city.



We return to the streets of the city and dive into this pulsing city, losing ourselves in the numerous tight baroque roads discovering other incredible churches like the Basilca of San Salvatore and the Palace of the princes Nicolaci and Ducezio.

All of this moving around got us looking for some dessert so we head straight to Modica, about an hour away. The home

town of the world- renowned Modica chocolate. It is considered special as it is characterized by an ancient and original recipe using manual grinding (rather than conching) which gives the chocolate a peculiar grainy texture and aromatic flavor. Believe it or not this specialty, inspired by the Aztec original recipe for Xocoatl, was introduced to the County of Modica by the Spaniards, during their domination in Southern Italy. Currently there are only two places in the world that can produce it, Modica and a city in Mexico. However, Modica isn't just chocolate; the Duomo of San Giorgio, the mother of the city, immortal to all of the devastating earthquakes occurring in the 1500s, 1600s and 700s with its monumental and flamboyant architecture is considered as one of the seven beauties of the world in the Baroque age.



Time is up! We would never have wanted to leave this incredible region but as we get into our machine and start our ascent we are blown away by finding ourselves facing a monstrous mountain over 3000m high spitting fire and smoke. The Sicilians call it "a' Muntagna"--The Mountain, to acknowledge the fact that it is the first and best of those in its category. Yet, it is not a simple mountain, but rather an incredible volcano; the most active in all of Europe. In the years, it has brought some destruction but its beauty is undisputed and its forests and all around vegetation represent a one of a kind environment with deserted areas rich of volcanic rocks that during

the winter are covered by snow. For this reason even Mount Etna was included by Unesco as a Patrimony of Humanity.



It's time to open our eyes, we are back in Hamilton. We would have loved to continue exploring this stunning Island, maybe by visiting Taormina, suspended over high grounds and the sea and admiring its unique scenery from its Greek Theater at the top of the hill, or Palermo, capital of the region, Cefalu one of the most beautiful beaches of the northern part of Sicily, and again the Eolie Islands, a true paradise on earth. The list is infinite. We would have wanted to enjoy the unreal culinary delicacies like Arancini, pasta al pesto Siciliano, Sardines or Palermitan Merluzzo, and to end this wonderful journey with the classic true Cannolo Siciliano or a Granita to quench our thirst from the hot Sicilian weather.

Sicily is a true Italian jewel that the world in its entirety envies us and I hope that this modest trip has awakened your travelling senses and encouraged you to visit these beauties with your own eyes. After all, as a true Sicilian would say, 'La pignata taliata `un vugghi mai' or if you wait for something you will never get it. Till our next trip together...

Br. Steven Zecchin

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## GENERAL NOTES

# Sicily Land of Love and Strife New Documentary

Sicily: Land of Love & Strife” is a new documentary film that celebrates the island and its people coming to Hamilton!

**S**icilia Canta, in cooperation with Cinema Insieme film club, the Italian Contemporary Film Festival (ICFF), and Festitalia, will present the Canadian premier of the new feature length documentary by Mark Spano, “Sicily: Land of Love & Strife,” on Wednesday, June 20, beginning at 7 p.m. The premiere will be held in the Bishop Ryan Theatre in Hamilton, 1824 Rymal Road. East Hamilton, ON.

A Q&A session with the filmmaker and a reception including Sicilian music will follow the film. This screening is taking place during the Italian Contemporary Film Festival (“ICFF”), which has grown to become one of the largest Italian film festivals outside of Italy.

Each year, the ICFF is proud to present an inspiring lineup - the best from newly released Italian and international cinema. “We’re excited and honored to show the premiere of this entertaining and informative documentary, ‘Sicily: Land of Love & Strife’. It promises to be a very entertaining evening with writer, director, and producer Mark Spano.” (Joe Baiardo & Sam Cino of Sicilia Canta; Charles Criminisi & Matthew Moccio of Cinema Insieme; Pat Mostacci of Festitalia; Cristiano de Florentiis & Mia Foley of ICFF).

Spano is the son of Sicilian immigrants (he holds dual citizenship). He lives in Chapel Hill, North Carolina. For five years, he worked diligently on his documentary of his family’s homeland because “little has been produced about the cultural or historic relevance of Sicily,” he

explained. “The most invaded place on earth, the three-sided island rivals Greece and Egypt as a primary source for Western ideas. Yet fewer places on the planet compare to Sicily as a place of wonder and intrigue. “But for crime, Sicily has gone unexplored,” he continued. “The island’s association with the Mafia, so deeply entrenched in popular consciousness, has obscured more rounded and accurate depictions of its history and culture.” Until now.

Spano hopes his film will begin to change the public’s perception of Sicily and Sicilian people. To view the documentary trailer, click <https://vimeo.com/236831174>

Tickets to the premiere are \$20 per person. To order advance tickets, call Joe Baiardo (289-880-1561), Sam Cino (905-388-2199), or to order on line, click here: <https://www.eventbrite.ca/e/sicily-land-of-love-and-strife-tickets-45724036825?aff=eivtefrnd>

For more information on “Sicily: Land of Love & Strife” and filmmaker Mark Spano, go to [markspano.wordpress.com](http://markspano.wordpress.com).

Thank you,  
Sam Cino

**CHARLES MACALUSO, B.Sc., LL.B.**

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# Final Election Slate 2018

I would like to remind all our members that we are approaching our annual election time. Our general election for the Sons of Italy Executive will take place during our June 12th 2018 meeting. As past-president it is my responsibility to prepare an election slate. The election slate was finalized during our May 8th 2018 general meeting.

Fraternally yours,  
Lou Filice  
Past-President Trieste Lodge

President : <b>Lewis Merolli</b> <b>Eugene Stodolak</b>	Orator: <b>Gasper Lipari</b> <b>Jessica Petrunti</b>	Administrative Secretary: <b>Joe Mongiardi</b> <b>Tony Giardino</b>	Trustees: <b>George Gullone</b> <b>Adrian Sorbara</b> <b>Rito Rosati</b> <b>Richard Muzzuto</b> <b>Jerry Catania</b> <b>Justin Little</b> <b>Lori Di Vincent-Balogh</b>
Vice – President: <b>Lucas Costanzo</b> <b>Livio DiNello</b>	Recording Secretary: <b>Steven Zecchin</b> <b>Anthony Chiarelli</b>	Treasurer: <b>Andrew Monachino</b> <b>Alex Oliveri</b>	

## Grilled Eggplant Parmesan A New Summer Time Favourite to Add to Your Recipe Book!

If you love eggplant as much as I do, you should try this recipe from Food & Wine Magazine! This grilled-vegetable version of eggplant parmesan is much lighter than the fried kind and perfect for a summer barbeque. Let me know what you think at our next meeting.



### Ingredients

- 1 large eggplant (1 1/2 pounds), peeled and sliced crosswise 1/4 inch thick
- 4 large plum tomatoes, sliced crosswise 1/4 inch thick
- Extra-virgin olive oil, for brushing
- Salt
- 1/3 cup chopped green olives
- 1 to 2 tablespoons chopped oil-packed Calabrian chiles or other hot chiles
- 1/4 cup finely shredded basil, plus whole leaves for garnish
- 6 ounces Fontina cheese, thinly sliced
- Crusty bread, for serving

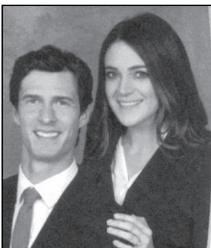
**Step 1** Preheat the oven to 450° and heat a grill pan. Brush the eggplant and tomato slices with olive oil and season lightly with salt. Grill the eggplant in batches over moderately high heat, turning once, until softened and lightly charred, about 4 minutes. Grill the tomatoes, turning once, until lightly charred but still intact, about 2 minutes.

**Step 2** In a bowl, combine the olives, chiles and shredded basil. Line a large rimmed baking sheet with parchment paper. In the center, arrange half of the eggplant in a 9-inch square, overlapping the slices slightly. Top with half of the grilled tomatoes, olive mixture and Fontina. Repeat with the remaining ingredients, ending with the cheese.

**Step 3** Bake in the center of the oven for about 15 minutes, until bubbling and golden. Let stand for 10 minutes. Garnish with basil leaves and serve with crusty bread.

**Suggested Pairing** Medium-bodied, berry-rich Dolcetto d’Alba from Italy.

*Have a fun and safe summer!*  
Ss. Jessica Petrunti



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## CONTESTS

# SOI Bowling Tournament

Niagara Falls - May 2, 2018



1st Place – Women’s Team



2nd Place – Men’s Team



## RADIO SHOW

# La Vita E’ Bella Radio Show CFMU 93.3 FM



*Stay connected over the summer!*

**C**ari Fratelli e Sorelle! We would like to invite and remind you to tune in with our very own local Italian radio show “La Vita e’ Bella” based out of the CFMU Studios at McMaster University with VJ Stefano &

VJ Luca. Live every Sunday from 12.00 P.M to 1.00 P.M on 93.3 FM! You can also stream the show online on the official CFMU website [cfmu.msumcmaster.ca](http://cfmu.msumcmaster.ca) and a recorded piece will be posted on the official facebook page [www.facebook.com/vjstefano](http://www.facebook.com/vjstefano). Like the page to get updates on beautiful news, events and pictures!

La Vita e’ Bella is a radio show created with the intention to entertain and support the Italian community in Hamilton and surroundings and in particular those part of the Sons of Italy Trieste Lodge with updates with upcoming events and special announcements, it strives to maintain and spread the Italian language, traditions and culture facing extinction

in today’s Canadian society. The topics vary from medicine to science, sports to cinema, cooking to literature and much more. Given the particular nature of the target audience the music played mirrors such peculiarity with music that ranges from the 50’s up until today.

Any member interested in getting involved with the show or that would like to make any type of requests from dedicating a song for a special event as a birthday/anniversary or to discuss about a particular important event is more than welcome to contact Br. Steven Zecchin via e-mail [stevenzecchin@gmail.com](mailto:stevenzecchin@gmail.com) or directly via phone at **289-925-4362**.

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## SPECIAL EVENTS

# Sons of Italy 2018 Golf Classic

Thursday, June 21st, 2018

The Sons of Italy is hosting our 46th Annual Golf Tournament at Glendale Golf and Country Club. For more than 40 years, the Annual Charity Golf Classic has helped our lodge raise tens of thousands of dollars for various charities. Without the dedication of our volunteers, sponsors and golfers, we could not have contributed to our many worthwhile charities. This year's

proceeds benefit the Juravinski Cancer Centre Foundation. We hope you will consider supporting our tournament again by golfing, offering to be a sponsor or donating a prize.

The cost of this year's tournament is \$225 per golfer all inclusive, which includes lunch, golf, cart, dinner and prizes. The cost to attend the dinner only is \$50 (dinner to be held at Sons

of Italy Hall). Hole sponsorship is \$150. Please make your cheque payable to the Sons of Italy. Thank you and we look forward to seeing you in June!

The agenda for the day is as follows:

Registration: 10:30 am

Golf-Shotgun Start: 12:00 pm

Lunch: 11:00am - 11:45pm

Cocktails: 5:00 pm

Dinner: 6:00 pm (Sons of Italy Hall)

Company Name: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Phone #: \_\_\_\_\_ Fax#: \_\_\_\_\_

We would like to sponsor a hole for \$150  Yes We would like to donate the following prize(s): \_\_\_\_\_

The following people will be attending:

- |          |          |           |
|----------|----------|-----------|
| 1. _____ | 5. _____ | 9. _____  |
| 2. _____ | 6. _____ | 10. _____ |
| 3. _____ | 7. _____ | 11. _____ |
| 4. _____ | 8. _____ | 12. _____ |

For information and sign up please call: Ralph Olivieri at 289-667-0025 or mail or fax this sign-up form to Tru Partners Insurance Brokers Ltd., 271 Queenston Road, Hamilton, ON, L8K 1G9, FAX: (905) 545-8119



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## EVENT CALENDAR

# Mark your Calendar

For those wishing to help with the following events, please see your Executive.

June General Meeting	Tuesday, June 12, 2018
Sicily Land of Love and Strife Documentary	Wednesday, June 20, 2018
Annual Golf Tournament	Thursday, June 21, 2018
September General Meeting	Tuesday, September 11, 2018

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